

## After The Fall "Free Yourself"

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I've been running for too long,  
And now it's time to right my wrongs.  
So listen to what i haev to say,  
might even help you out someday.  
Be true to yourself and others,  
Be one with your sisters, brothers

Free yourself now,  
From all that ties you down.  
Free yourself now,  
When all is said and done.

Why should I run if i can stay,  
And rest my head now where it lay.  
But when your thoughts start to spin around,  
Don't look back just stand your ground.  
Take my hand and walk this way,  
Into a brand new brighter day.

Free yourself now,  
From all that ties you down.  
Free yourself now,  
When all is said and done. (x2)

It's been so long since I've felt safe,  
And now all we have is hate.  
So let's turn it upside down,  
and free yourselves now.

Free yourself now,  
From all that ties you down.  
Free yourself now,  
When all is said and done. (x2)

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