

## As I Lay Dying "Overcome"

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All these moments of pain  
Must add up to something,  
Our bodies have been trained to keep it all in,  
But our hearts, still hold on

Some say to release it, forget about your past,  
Instead we count the cost, it's part of us  
That doesn't mean that we cannot move on,  
It's just a memory of what we were once were

No matter what it is we've faced  
It's now part of us (part of us)  
We can overcome

Why rid of fuel that can make us stronger  
When properly put behind us (put behind us)  
And in the same way that  
Everything good in life can be taken away  
So can all this pain

No matter what it is we've faced  
It's now part of us (part of us)  
No matter what we've faced in this life  
We can overcome

Trying to forget is a burden we can never bear,  
When facing trials openly,  
There's nothing left to hide,  
New paths of strength come alive

No matter what it is we've faced  
It's now part of us (part of us)  
No matter what we've faced in this life  
We can overcome

We can overcome

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