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A Tribe Called Quest "The Remedy"

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Yo, we all got different things we got to deal with. we always are trying

To put the blame on something else rather than sometimes looking at

Ourselves, recognizing a lot of the stuff that

happens...but if we look

Within ourselves, we could prevent a lot of this

nonsense. it's about

Relating back to the essence, where it all stems from.

im-a do my thing

Over this drum, like a native tongue.

Verse one

Q-tip:

Do what you will, if you feel that your steeze is real Complicated with the skills over reel to reel Brown skin is what I feel, my mind and bodys appeal Is to the no-frill mills, who hear the beats to chill Constantly, Im hearing black americans just sneering Looking for a leader who can fill us up with either Hitting us up with great emotional chat

About the fact

That the black

Is constantly held back

Like 50 tracks back in a relay race

And the white teams ahead

So lets keep up the pace

And I be needing something

To feed my logical taste

At the end of the race is there a paradise place?

Yo, we can't get involved in what the next man is doing

Material gain we put too much in persuing

Yo duke, I need this dough so we can step to this party

But we can all mardi grati

Minus that shit in our body

What that got to do with that

Cause kid that's the essence,

Your physical presence

Embodies every lesson

You can't run the rolls royce if the engine is busted.

Cant even life the knife to cut the mustard.

What we need to do first

Now listen to this verse

Lets concentrate on our spiritual plate.

Recognize your existence in this vast blue space

From a tiny cloud of blood

To the human beings with taste, sight, touch, smell

And sound

Lets deem it profound!

And prioritize this cause it was allahs wish

Allah? Im god

No I ddon't believe that. that's a mystery

If God is so good why does shit be happening to me?

There's divinity within

Because we come from the divine

A froce that's not seen but you feel it every time

When the wind blows, and the world turns,

And the rain drops, and the baby cries

And the bird flies, and the ground quake,

And the stars gleam

So many things are eident of it's existence

What we need to do is link it with persistence

Once we recognize that, we can move ahead

Native tongue, common sense yo he's hip-hop bred...

Common:

From the spiritual world my former life has developed

First person I lost close to me was stella

Some of my mellows

Lost their mothers and their brothers

For them I feel empathy

But I aint pouring out no liquor for no niggas

I pour my heart out when I see dot out on the deck

Knowing two weeks ago he slapped-box with death

I hear of niggas dying in the wind-in the news

But when it's somebody you know it hits you

And emotions get bruised

I aint been in your shoes,

I wont judge you for knocking

Because the spirit of the ghetto says you gotta!

They snatch you again from rock flippin

Give back into the neighborhood, you better start kickin

Stickin stores

On the strip

Im tired of arabs giving me my change back

Devil bomb my yesterday

My tomorrow he never gave back

I lay back, looking at the ceiling

Wonndering what can I do

So my homie wont have to be dealing

Not cause you serving and Im rapping Im better

Just different pieces to the puzzle of black life

That we have to put together, better ourselves

Cause families we gotta raise
No matter how long the money
Shorter become the days
Men become like women
And no difference in the season
If you got popped five times
You breathing for a reason
Lets put the five tenure plan into progression
Before we count our paper
Count our blessings

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