

Ashley Best

"Strains Of A Despondent"

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Step by step and tear by tear
You're becoming less sure,
Yes I know you've lost the plot,
But aren't you going to say 'hello'?
Oh...

I've been down, but higher still,
So I don't understand it,
See through this but make it bold
'Cos there is only forwards.

Snap out of this
You're wasting a life
Don't bring me down
Learn to sort your mind.

Give it time you're just confused
Things will sort themselves out,
Fill you're mind some other way,
Be creative.

Snap out of this
You're wasting a life
Don't bring me down
Learn to sort your mind

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