

## The Roots f/ Malik B, Mercedes Martinez, Porn "I Can't Help It"

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[Hook-Mercedes Martinez]

I, I, I Can't Help It, I, I, I Can't Help It  
I Can't Help It, I Can't Help It  
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I Can't Help It, I Can't Help It  
I Can't Help It, I Can't Help It

[Verse 1-Malik B]

Live with it, that's how I survive with it  
Talk jive with it, you take a dive with it  
Connive with it, depart and arrive with it  
Harsh thrive, that's why it's part I with it  
I did it, make rhymes in five minutes  
Mind of a dentist, crimes of a menace  
Press rewind, see what you find in my image  
Take you niggas back to the line of the scrimmage  
'Riq, you know we pull a freak with the flow  
Talk's cheap, that's why we speak with the dough  
Ill technique show I'm sleek with the flow  
It's cold outside, nigga, sleep with the snow  
I tweek in the low tone, freak with the ozone  
I can't help hiding my secrets that's so known  
I only do what I got to 'cause it's possible  
And climbin' over whatever's known as an obstacle

[Hook-Mercedes Martinez]

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[Verse 2-Black Thought]

Ugh, I Can't Help It, maybe I'm selfish  
Maybe the way I'm runnin' is becomin' a health risk  
All I can see is smoke through tortoise shell  
Gazelle 650's, I'm feelin' like I'm makin' a sales pitch  
My head already so heavy, it's makin' the scales tip  
I got my own pressure and got everyone else's

I'm rehabilitated, still feelin' rebellious  
Candidate of heart failure, more pills than Elvis  
In a layer cake, half-chocolate, half-velvet  
I'm listenin' to some Howe Melvin  
I got too many options, there's so many toxins  
Yo, ain't no really tellin' what we killin' ourselves with  
I lit a cigarette and inhaled it  
I'm thinkin' of some rhymes more iller than a  
threatening ailment  
I'm on some bomb threat in the mail shit  
Because of all the things I dealt with, nigga, I Can't  
Help It

[Hook-Mercedes Martinez]  
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[Verse 3-Porn]  
I never said I'm ready to die, but I accept it  
Never said I'm ready for war, but I'm protected  
I don't even know when it's comin', but I expect it  
Lost all semblance of hope, so now I'm left with  
Nervous conditions, addictions, in addition  
to vixens that mixed in with the wrong crowd  
My life is on a flight that's goin' down  
My mother had an abortion for the wrong child  
With the time I felt love, that's gone now  
Been replaced by purple rains and some storm clouds  
Misery love misery  
So why make friends? Let's make some enemies  
And now I got a habit that wasn't meant for me  
Now I'm in a marriage that wasn't meant to be  
One more reason to change identity  
The cars, the crime, K's, penalties

[Hook-Mercedes Martinez]  
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