

## Conny Froebess

### "Frustrated"

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Now I really know why they call this fool The Grouch  
The nerve of this fool just coming..  
out of nowhere, into my room..  
"ZHE GET THE FUCK OFF THE PHONE BITCH!  
GET THE FUCK OFF THE PHONE!"

[The Grouch]  
There is nothing.. more upsetting..  
than expecting something that never comes..  
Trying to use something that doesn't work..  
or finding something that isn't what you thought it was..  
It frustrates the fuck out of me

I try to be optimistic, but I get pissed it  
never really works out the way that I had wanted  
And I'm talking about life on the whole  
It doesn't feel too right when you do not meet your  
goals  
Hold, up wait a minute fuck this state I'm in it too deep  
But weepin over spilled milk, that's a lost cause  
Though my skills outshine my flaws so any pause..  
.. is always too long  
I, gotta get a move on  
Those who do the do-wrong when it comes to me  
they never shoulda been the ones to be doin it  
in the first place secondrate work is not acceptable  
I make my shit to be respectable and when it's not  
that's really fuckin off my plot and my mindframe  
I find pain and dissapointment, it hurts more than  
a scrape without ointment, even when infected  
Can't expect to wreck the mountain when you doubtin  
your material  
It's your ability overshadow circumstances  
and glances from the crowd turn to puzzled looks  
Readin books don't really help, wealth it isn't dealt right  
Messages aren't felt like intended  
And the wrong man's commended for the right jobs  
despite the work I'm puttin it, just to get my foot up in  
the door

{\*Goodie Mob sample\*

"So how you feel? Frustrated, irritated.." } (4X)

[The Grouch]

I move quietly, misunderstood often  
All I want's a good toss and, she wants to tease  
I need to sell in quantities, they wanna pay later  
I gotta, get ahead but you try to play hater  
I stay major in a minor league, find fatigue easy  
Whenever I look for help, somebody else misleads me  
Feeds me false information, haltin my pacin  
Slowin my progression, I'm showin my aggression  
tore up my obsession like a lemon  
Sour attitude and you wonder where it's stemmin from  
Dude, I live a Family Feud  
Glued to the dream my worth'll be seen  
before a pre-teen's manly, understand me how  
I don't even feel myself, unless I jerk fast  
Work ass off no cash stash goes so fast  
Assholes talk shit daily

{\*Goodie Mob sample\*

"So how you feel? Frustrated, irritated.." } (4X)

{\*Goodie Mob sample\*

"So how you feel?

.. "Frustrated, irritated" }

{\*Goodie Mob sample\*

"So how you feel? Frustrated, irritated.." }

{\*Goodie Mob sample\*

"So how you feel? .. .. So how you feel?" }

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