

## 4-Seamer "My Release"

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Have you ever been so stressed to the point of explosion? To the point of spontaneous mental combustion? Whether I like it or not my mind takes me to a person whom I used to care for (whom I used to care for). All of the facts, all that you know, I think it's time for me to just let go. -CHORUS- I know that you're wrong and I know that you're right all at the same time. You looked away I never felt ashamed but I didn't deserve this. This is my release. Have you ever felt so numb to the point of extinction? To the point of no more breath in the air or suffocation? You don't know how you make me

feel. My head's spinning like the rubber outside of the wheel. I can't breathe, I can't sleep, I can't think. I think that I fell for you. All of the facts, all that you know, I think it's time for me to just let go. -CHORUS- I think it's time to release. I think it's time to cease all this pain. I've been thinkin about this. I gave you everything. All at the same time. You looked away I've never felt so ashamed, but I didn't deserve this. This is my release. No

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