

## 311 "The Continuous Life"

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When things are outta whack And they might collapse And at the end of the day You still can't relax And physically you ache Like a cavity feelin' the bind On your mind and the rest Of your body Listen to your heartbeat Flow and imagine Become lackson Pollack Air brush Chinese dragons On a sky blue convertion Van or an electra Buick of the mind full of Fuminous matter And slowly all the pressure Recedes and you stop to decay Naturally think clearly Ultimately though your grace Will give way to traffic jams Submachine guns in hand City red-necks who think Like the Omega man Feelin' the extremes Of the times we're livin' Stockpile spaghetti-o's And cheerios plannin' To survive that fall-out shit

It's not ambuguous
It be continuous
It's all about us
It's for real my man [2x]
The continuous life there is no end

Movin' through life Movin' through death

My radio emits a signal form
A strange noise the kind of which
I've never heard before

I scan the dial for more stations But all I get is an eerie feelin' I'm not dreamin' this is the real dealin' There's nothin' like this trance I'm caught in a daze Cuz I'm finally out of my body The blue lights are ablaze Yeah I'm really amazed And feelin' so light that's right Lift off and I'm into the sky As if a hologram were created To shift my conciousness Changed again and I'm flung In the riff I wanna be free I wanna do right I move through the portal To be purified

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It's all about us
It's for real my man [3x]
The continuous life there is no end
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