

## **30 Foot Fall "Ida Know"**

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I get knocked down  
I get back up  
But I'm not gonna run away.  
I've got too much to think about  
To even try to hide  
So when my life gets way too big  
Well fuck it, that's my life.  
If you wanna dance  
You gotta pay the band  
What once was hard to understand  
Is something I've accepted  
As a condition to this life  
THE TRUTH WILL CHANGE AS SOON AS YOU FEEL  
ORGANIZED INSIDE

But who am I to give you direction anyway?  
Stupid me trying to speak but stuttering  
You see for yourself, or you fuck yourself  
Ida know nothing no more.

There are times when I feel like it's time  
To hold my nose and shut my mouth  
(shut your mouth shit-head)  
Cause people talk so much shit  
You see it on their teeth  
When they smile  
When they talk  
The conversation stinks  
I don't talk too loud  
(not like I used to)  
The more I see the more I think  
Experience breaks me down to  
A lever that helps me recognize  
And see things as they be  
I can study what I see  
And what it means to me

But who am I to give you direction anyway?  
Stupid me trying to speak but stuttering  
You see for yourself, or you fuck yourself  
Ida know nothing no more.

They never knew that I existed  
'Til they saw something they didn't like  
Now they try to drag me down  
With all their rumours and their words of spite  
Though it bums me out a little  
It don't matter too much what they say  
Cause it's never said to my face  
But they keep on talkin' anyway  
You respect would be nice  
But I don't need it  
Disapprove of my life  
But I still live it.

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