

3 Doors Down "Changes"

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I'm not supposed to be scared of anything
But I don't know where I am
I wish that I could move but I'm exhausted
And nobody understands (how i feel)
I'm tryin' hard to breathe now but there's no air in my
lungs
There's no one here to talk to
And the pain inside is making me numb

I try to hold this, under control
They can't help me
'Cause no one knows

Now I'm going through changes, changes
God, I feel so frustrated lately
When I get suffocated save me
Now I'm going through changes, changes

I'm feelin' weak and weary walkin' through this world
alone
Everything I say, every word of it,
Cuts me to the bone (and i believe)
I've got something to say but now I've got nowhere to
turn
It feels like I've been buried underneath all the weight
of the world

I try to hold this, under control
They can't help me
'Cause no one knows

Now I'm going through changes, changes
God, I feel so frustrated lately
When I get suffocated save me
Now I'm going through changes, changes

I'm blind and shaking
Bound and breaking
I hope I make it
Through all these changes

Now I'm going through changes, changes

God, I feel so frustrated lately
When I get suffocated save me
Now I'm falling apart now I feel it

But I'm going through changes, changes
God, I feel so frustrated lately
And I get suffocated I hate this
But I'm going through changes, changes

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