

Alex DiMattia

"Sit Down With Yourself"

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Let it sink in
She doesn't care about your soul
And so you find yourself alone
In a crowded room of friends
Sometimes it don't make sense
Those words still echo in your head
When Ray said

Sit down with yourself
Or anyone or whatever
Cause it doesn't have to be clever this time
Gather up your thoughts
And just boil 'em down for the better
And see what you have left inside, inside

So let it sink in
She doesn't care about your song
And so you find yourself alone
With a guitar in your hands
It all starts making sense
And you can almost feel the end
When you begin

To sit down with yourself
Or anyone or whatever
Cause it doesn't have to be clever this time
Gather up your thoughts

And just boil 'em down for the better
And see what you have left inside, inside

Come on
Reach in deep, and aim up high
Build your Castle in the sky
You know the
Life you seek, and the love you find
Will fit together when it's right

So let it sink in
Now you've all but moved along
And her regrets will come on strong

When she rings your bell again
Don't you let her in
And you may find you'll open up to
Someone new

When you sit down with yourself
Or anyone or whatever
Cause it doesn't have to be clever this time
Gather up your thoughts
And just boil 'em down for the better
And see what you have left
see what you have left
see what you have left inside
inside, inside, inside

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