

## **Simpsons, The**

### **"I Just Can't Help Myself"**

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I just can't help myself, I just can't help myself  
I just can't help myself, I just can't help myself  
I just can't help myself

There I go, here I go, where I go, I don't know  
I just can't help myself, so  
Why do I do, what I do, when I do  
Well, I can say so or I just don't know

Boys will be boys and what they usually say  
That's the how and the why, that I act this way  
That's the end of the line, I run out of rhyme  
That ain't no crime so it's milk it out time

Let's see, I know it's some cosmic force  
Causing my mind, you go,  
Just wait out of course to another dimension  
Not only of site and sound but of being a clown

Or an alley cat, or a dirty rat or a loud mouth brat  
Well, I am all that, so if you ask me, why  
I'm always in such a mess  
Well, ha, I just can't help myself

Can't help me, I just can't help myself  
Can't help me, I just can't help myself  
Can't help me, I just can't help myself  
Can't help me, I just can't help myself  
I just can't help myself, I just can't help myself

A very great lady, once said it right  
A woman needs a man, like a fish needs a bike  
There I go again sister know it all  
No friends at all, 'cause I make them crawl

I can help showing off, all that I know  
The whats can do, well is the wheres I could go  
I know, it's makes the family very uptight  
I know, it isn't right, but I do it every night

I'm probably don't belong here, I'm certainly were

wrong here  
Every night I have a dream, more like a nightmare  
I see myself being born, Mum and dad are there  
But it's not Marge and it's not Homer

Switched in a cradle, no wonder I'm a goner  
I feel like a book, that's on the wrong shelf  
I know, I shouldn't think it, but  
I just can't help myself

Can't help me, I just can't help myself  
Can't help me, I just can't help myself  
Can't help me, I just can't help myself  
Can't help me, I just can't help myself

Just can't help myself, I just can't help myself  
I just can't help myself, I just can't help myself  
I just can't help myself, I just can't help myself  
I just can't help myself, I just can't help myself

Hey, you know, I kinda like this thing  
It's sort of like music, but you don't have to sing  
You got none of the work and all of the fun  
Like a low cal donut or a fat free bun

By the way, that's reminds me, how about a snack  
Just a small sandwich or a cold six-pack  
A big pack of pork rinds that couldn't hurt  
A cake for dessert will keep my mind alert

Oh, it takes a lot of energy to do this rap  
I feel kinda sleepy, better take a nap  
Not too long a nap, two hours, that's a winner  
I wouldn't wanna sleep to a roast beef dinner

Roast beef with gravy and potatoes  
Hot rolls and butter, lettuce and tomatoes  
I know, I shouldn't eat it, I got to keep my health  
What's the hey, I can't help me

Can't help me, I just can't help myself  
Can't help me, I just can't help myself  
Can't help me, I just can't help myself  
Can't help me, I just can't help myself

Just can't help myself, I just can't help myself  
I just can't help myself, I just can't help myself  
I just can't help myself, I just can't help myself  
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