

## Young Mc "Inside My Head"

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This song will discuss four main parts of the brain, the cerebrum, the cerebellum, the limbic system and the brain stem and one individual's use or misuse of these parts.

Verse 1:

Inside my head, or inside my brain,  
is that part of me which keeps me sane,  
which helps me discern between right and wrong,  
and other things I'm gonna talk about in this song,  
It's time for the people to know, so now I tell 'em,  
what goes in my cerebrum and my cerebellum,  
the though process that helps me get dressed,  
get up and go to school, sit down and take a test,  
it helps me determine if a girl is fine,  
and the steps necessary to make her mine,  
it tells me if something is cold or hot,  
and I don't mess it up with crack, coke, or pot,  
it helps my hearing, taste, touch and sight,  
and smell so that I can tell that everything's alright,  
it tells me when to get up and when to go to bed,  
this is some of what goes on inside my head,  
inside my head, I wonder what might happen,  
if the day came and I stopped rappin',  
would I still have friends or be all alone,  
do they like me for me or for the microphone,  
and also, when I go on a date,  
to a fancy resteraunt, a hundred dollars a plate,  
and people stare, is it because they recognize me,  
or are they knee-jerk reacting to what they see,  
I'm sorry, let me make it somewhat clear,  
do they look with joy or do they look with fear,  
do they think 'oh wow, Young MC is near',  
or do they think, 'yo, get that nigga out of here',  
I don't know, it's an unfortuante case,  
that I can't read your mind when I see your face,  
but on the other hand, you can't read mine,  
so I guess that the status quo's just fine,  
for instance, say I'm in a tall building,  
looking out the window, what if I illed and,

jumped out, would it really matter to some,  
and if they had my funeral, just who would come,  
would they cry for me after I was gone,  
well don't worry, that's not how I'm gonna move on,  
cause I wanna go to heaven after I am dead,  
but this is what I goes on inside my head

Chours 2: (spoken)

the cerebrum is the part of the brain which is  
responsible for thinking,  
reasoning, problem solving, and initiating resposes to  
external stimuli. It  
is comprised of four lobes: the frontal, which is  
concerned with speach and  
voluntary muscle activity, the partietal, which is  
concerned with the  
interpetation of sensory stimuli, the temporal, which is  
concerned with  
auditory stimuli or hearing, and the occipital lobe,  
which is concerned with  
the interpetation of visual stimuli. It is the development  
of the cerebrum  
in humans which distinguishes us from other living  
creatures. Only whales  
and dolphins have comparable cerveal development.

Verse 2:

Inside my head, pretty women reign supreme,  
because they enter my live and dominate my dreams,  
I see one walking down the avenue freely,  
and I look her up and down hoping that she don't see  
me,  
then I wonder, what if the girl just stopped,  
threw me on the ground and she got on top,  
and moved and grooved until our bodies were slick,  
then I stop and say 'man, that's sick',  
but I'm not alone in this train of thought,  
a lot of people think it, but they don't get caught,  
they just live their lives and keep it all inside,  
another secret that the brain will hide,  
right, I wonder what it's like to live life wild,  
I wonder which women will have my child,  
will I be a good parent, or will I be cold,  
then I imagine I'm five years old,  
I'm running down the street without a care in the world,  
puberty's later, so I don't think about girls,  
Mom and Dad will do whatever I say,  
they think it's really cute to see their son play,  
responsibility is like a four letter word,

they say they told me something, I'll say I never heard,  
forget growing up, I'll be a kid instead,  
because this is what goes on inside my head,

Chours 3: (spoken)

the cerebellum is located below the occipital lobe and behind the brain stem. It takes impulses from the rest of the brain and helps translate them into coordinated muscle movements. Any muscular activity, from brute strength to a steady hand, requires a high degree of cerebellar input. The brain stem is located just above the base of the skull, and is the continuous connection between the brain and the spinal cord. The lowest part of the brain stem or the medulla oblongata actually becomes the spinal cord at the medulla's lowest point and is concerned with the waking and sleeping states.

Verse 3:

Inside my head, there are so many questions to answer,  
and self-doubt grows in my mind like cancer,  
but I make sure that my thoughts are pure,  
and my self-confidence is like a cancer cure,  
so someone tell me why I think I'm fat,  
when none of my friends ever think like that,  
and could it be I'm not as ugly as I feel,  
because a lot of women think I've got sex appeal,  
and is it true, that I'm just too commercial,  
not black enough cause I'm not controversial,  
is it true what religious fanatics tell,  
if I don't go to your church then I'm going to hell,  
and is it true, that I'm obliged to try,  
to please everyone with music I supply,  
and is it true, that it will make me strong,  
if I sleep with a woman cause she likes my song,  
and is it true that I'm not a real black man,  
if I fall in love with somebody who needs a tan,  
and is it true that I have to try to be,  
some type of superhero, cause I'm Young MC,  
and is it true, that I have to watch myself,  
because I think about sex more than anyone else,  
and is it true, that every woman is fake,  
'cause she don't like me for me but for the money I make,

and is it true that I must be out of place,  
since pop radio likes me, I'm ignoring my race,  
and is it true what some people will complain,  
that since I made this song I must be insane,  
hell no, these are just negative thoughts,  
and I just ignore them so I won't get caught,  
I let my heart lead and my brain be led,  
because this is what goes on inside my head,

Chours 4: (spoken)

The limbic system or the visceral brain is located in the area above the brain stem and below the cerebrum. It is concerned with emotional tone, habitual tendencies, sexual behaviour and desires, and is closely associated with the cerebrum. This association provides an inhibition for the raw emotional output of the limbic system. It is the artist's opinion that the concept of self-control rests upon the cerebrum's ability to regulate the uninhibited emotional impulses of the limbic system. And for me, the struggle continues

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