

Sandra Van Nieuwland

"Keep Your Head Up"

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I spent my time, watching
The spaces that have grown between us.
And I cut my mind on second best,
Oh the scars that come with the greenness.
And I gave my eyes to the boredom,
Still the seabed wouldn't let me in.
And I try my best to embrace the darkness
In which I swim.

Now walking back, down this mountain,
The strength of a turnin' tide.
Oh the wind so soft, and my skin,
Yeah the sun so hot upon my side.
Oh lookin' out at this happiness
I searched for between the sheets,
Oh feelin' blind, I realize,
All I was searchin' for, was me.
Oh oh-oh, all I was searchin' for was me.

Oh yeah, keep your head up, keep your heart strong.
No, no, no, no, keep your mind set, keep your hair long.
Oh my, my darlin', keep your head up, keep your heart
strong.
Na, oh, no, no, keep your mind set in your ways.
Keep your heart strong.
Now I saw a friend of mine, the other day,
And he told me that my eyes were gleamin'.
Oh I said I'd been away, and he knew...
Oh he knew the depths I was meanin'.
And it felt so good to see his face,
All the comfort invested in my soul,
Oh to feel the warmth, of his smile,
When he said, 'I'm happy to have you home.'
Oh oh-oh, I'm happy to have you home.

Oh yeah, keep your head up, keep your heart strong.
No, no, no, no, keep your mind set, keep your hair long.
Oh my, my darlin', keep your head up, keep your heart
strong.
No, no, no, no, keep your mind set in your ways.
Well keep your heart strong.

'Cause I'll always remember you the same.
Oh eyes like wildflowers, oh with your demons of
change.

(Keep your head up)
(Keep your heart strong)
(Keep your head up)
(Keep your heart strong)
May you find happiness here.
(Keep your head up)
(Keep your heart strong)
(Keep your head up)
(Keep your heart strong)
May all your hopes all turn out right.

Keep your head up, keep your heart strong.
No, no, no, no, keep your mind set, keep your hair long.
Oh my, my darlin', keep your head up, keep your heart
strong.
No, no, no, no, keep your mind set in your ways.
Keep your heart strong.

'Cause I'll always remember you the same.
Oh eyes like wildflowers, oh with your demons of
change.

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