# Wilson Pickett "Land Of A 1,000 Dances" 

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One, two, three
One, two, three

Ow!
Do it!
Alright!
Uh!

Got to know how to Pony*
Like Bony Moronie*
Mash Potato*
Do The Alligator*

Put your hand on your hips, yeah
Let your backbone slip

Do the Watusi*
Like my little Lucy

Ow! Uh!
Na, na-na-na-na
Na-na-na
Na-na-na
Na-na-na
Na-na-na-na
I need somebody help me say it one time!
(Chorus)
Na, na-na-na-na
Na-na-na
Na-na-na
Na-na-na
Na-na-na-na

WOW-OOOOW!
(sax \& instrumental)

OOW! Uh!
You know I feel alright?
H'uh!

Feel pretty good y'all
Uh-h'uh!

Na, na-na-na-na
Na-na-na
Na-na-na
Na-na-na
Na-na-na-na
C'mon ya'all, let's say it one mo' time!
(Chorus)
Na, na-na-na-na
Na-na-na
Na-na-na
Na-na-na
Na-na-na-na
$\mathrm{OOOOH}!$
Dancin' in the alley
With Long Tall Sally*
Twistin* with Lucy
Doin' the Watusi
Roll over on your back
I like it like that
Do that Jerk*, oh
Watch me work, ya'all
Ow!
Do it!

Wow!
Do it!

Watch me do it
Ooh, help me!
Ooh, help me!
FADES-

Oh, help me!
Ooh, help me.
*The Twist (various) including, 'Twistin' the Night Away' Sam Cooke

The Twist - Hank Ballard, The Twist - Chubbie Checker. * Long Tall Sally Pop Chart \#6 Apr 7, 1956 by Little Richard.

* 'The Alligator Bogaloo Pop Chart \#93 Nov 4, 1967 by Lou Donaldson.
* 'Mashed Potato Time' Pop Chart \#2 Mar 3, 1962 by Dee Dee Sharp
* 'Pony Time' Pop Chart \# 1 Jan 23, 1961 by Chubby Checker.
* 'Bony Moronie' Pop Chart \#14 Nov 11, 1957 by Larry Williams.
* The 'Wah Watusi' Pop Chart \#2 June 9, 1962 by The Orlons.
* 'The Jerk' Pop Chart \#7, Nov 14, 1964 + (1965) by The Larks.

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