

## **Pale Pacific, The "Reasons To Try"**

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I've been up and down, down and up and I'm bruised  
and feeling sad life is unfair I cry and I complain  
'cause I'm so mad lying on the floor today like  
yesterday  
I'm the laziest you've ever seen I want change and  
want it now but not if I have to change my routine  
I need reasons to try I need that push to get up and  
go! I give up, change is math that's way over my head  
tell me about the hope and the movement that finally  
gets me out of bed I point my finger and frown and  
talk, talk down and make myself sick I've avoided guilt  
for most of my life and blame is what did the trick  
I need reasons to try I need that push to get up and  
go! Don't you know you let me down  
(you know you let me down) all the times you're not  
around? (the times you're not around) I want reasons  
to try (I want reasons to try) I need that push to get up a

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