

## **No Named Heathens**

### **"Violent Spasms"**

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Control over myself just keeps slipping away  
In my head, something else has taken the hold  
Digging into my nerves and my emotions  
I see through these eyes but can't feel a thing  
No sounds are interpreted nor sights or words  
The world has become deaf, dumb, and mute  
Meaningless and broken, stirring absurd  
Complication, deviation, subjugation, alievection

Impulse inside tells me to move forward  
Spastic outside world pushes me back in  
Violently lashing out at the creatures  
The human kind has turned me to nothing  
Just violent spasms...

Connection to planet seems shaky and undefined  
Wearing thin were my brain cells with time  
Writing thoughts on a little piece of dirty crumpled  
paper  
Seemed like a waste of time  
Communication was a dead concept to me  
Couldn't give a fuck less about those around  
Told to just exist, never talk, never walk  
Never think, never try, never hear any sound

Impulse inside tells me to move forward  
Spastic outside world pushes me back in  
Violently lashing out at the creatures  
The human kind has turned me to nothing

The human kind, they aren't my kind  
Mental state kinda frail, kinda frayed, kinda fucked  
Medication doesn't heal me  
Institutions try to kill me  
Suicide never brought me peace  
Earth didn't fucking want me  
So I'll just violently lash out at you  
Blow you all away from me  
Just violent spasms  
Seems right to me

Mental defects raped my life  
Your padded walls raped my life  
Your drugs and hate raped my life  
My bullets will rape you of yours

Die

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